

Continuing Education Questions: October 2025

Rehabilitation Counseling Bulletin

Brehmer et al

- 1) Which of the following best describes the relationship between childhood maltreatment and health?
 - a) Positive
 - b) Negative
 - c) Bi-directional
 - d) There is no relationship
- 2) What term is defined as the ability to satisfactorily complete specific work tasks needed to fulfill the requirements of employment?
 - a) Work adjustment
 - b) Work context
 - c) Work capacity
 - d) Work functioning
- 3) After removing problematic survey responses, how many individuals were included in the final sample of participants used for this study?
 - a) 648
 - b) 689
 - c) 738
 - d) 829
- 4) Results of the study suggest that trauma impacts overall functioning which then lowers which of the following area of work?
 - a) Interview skills
 - b) Customer service
 - c) Training skills
 - d) Work adjustment

- 5) Which of the following was provided as a limitation of the current study?
 - a) The sample characteristics did not include age of disability onset.
 - b) Participants were all recruited from the same geographic location.
 - c) There was high survey attrition from pre and post survey.
 - d) The sample size was fairly small, making interpretation of data more difficult.

Kim et al

- 6) What are Adverse Childhood Experiences (ACEs) commonly associated with in adulthood?
 - a) Enhanced physical health
 - b) Increased risk of mental health disorders
 - c) Improved social relationships
 - d) Higher level of career achievement
- 7) How does childhood health-related discrimination typically affect an individual's self-perception in adulthood?
 - a) It negatively influences self-perception and acceptance of health conditions.
 - b) It improves coping strategies for future challenges.
 - c) It fosters individuals' self-confidence.
 - d) It generally has no lasting impact.
- 8) What role does health-related discrimination have in the relationship between ACEs and psychosocial outcomes later in life?
 - a) It increases skills and abilities of self-advocacy.
 - b) It solely affects physical health, not mental health.
 - c) It weakens the negative impact of ACEs on health outcomes.

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- d) It can contribute to the greater risk of developing a poor disability identity.
- 9) What is a key recommendation for rehabilitation counselors when working with clients who have experienced ACEs and disability-related discrimination?
- a) Integrating early intervention strategies to reduce long-term effects of ACEs.
 - b) Addressing physical health concerns before considering psychosocial impacts.
 - c) Providing interpretation about how their childhood experiences affect current behaviors.
 - d) Encouraging clients to describe adverse experiences in detail in counseling whenever they come up.
- 10) Which of the following strategies is most effective in mitigating the psychosocial effects of ACEs in individuals with disabilities?
- a) Taking a more directive approach in exploring ACEs.
 - b) Avoid mentioning about childhood experiences
 - c) Putting more focus on career achievement
 - d) Providing targeted psychosocial support

Degeneffe et al

- 11) Which program in the United States Department of Veterans Affairs supports veterans with service-connected disabilities?
- a) Veteran Readiness and Employment
 - b) Vocational Readiness and Employment
 - c) Veterans Benefits Administration
 - d) Veterans Health Administration
- 12) What percentage of the sample population reported having a disability?
- a. 10%
 - b. 25%
 - c. 85%
 - d. 100%

- 13) Which area did participants perceive as most important for non-veterans to understand?
- a) Veteran specific counseling micro skills
 - b) Understanding veteran culture or experience
 - c) Veteran adjustment to civilian life
 - d) Treating veterans like anyone else
- 14) What analytic approach did the authors utilize in the study?
- a) Grounded theory
 - b) Ethnography
 - c) Case study
 - d) Phenomenology
- 15) Which training approach was most endorsed by participants?
- a) Developing veteran-specific curriculum
 - b) Facilitating awareness of military cultural competency
 - c) Providing first-hand veteran representation in teaching
 - d) Only allowing student veterans to complete veteran-related practicums

Huang et al

- 16) Which statement is true regarding the effect of employment on people with substance use disorders (SUD)?
- a) Employment acquisition is ineffective in attenuating the areas of dysfunction caused by SUD.
 - b) Individuals in recovery from SUD may experience increased resilience against relapse through employment.
 - c) Boredom, a common cause of relapse, is exacerbated by employment for individuals in recovery from SUD.
 - d) Treatment completion rates for SUD are higher among unemployed individuals compared to those who are employed.

- 17) Which of the following statements accurately describes a systemic barrier faced by individuals with SUD when accessing vocational rehabilitation (VR) services?
- a) Individuals with SUD are automatically eligible for VR services regardless of their current substance use status.
 - b) Individuals with SUD are guaranteed full coverage under the Americans with Disabilities Act (ADA) when seeking VR services.
 - c) Individuals with SUD may be disqualified from VR services if they have not maintained a certain period of abstinence.
 - d) Individuals with SUD are provided with an abundance of job opportunities within the VR system regardless of their substance use history.
- 18) In this study, which demographic variable was a strong predictor of positive employment outcomes for individuals with SUD in the study?
- a) Identifying as Black
 - b) Having a secondary psychosocial disability other than SUD
 - c) Having a vocational training license/certificate at application
 - d) Having a high school degree
- 19) In this study, which of the following was one of the strongest correlates of better employment outcomes for individuals with SUD receiving VR services?
- a) Short-term job supports
 - b) Job readiness training
 - c) Diagnosis and treatment of impairments
 - d) Information and referral services
- 20) Which model is characterized by initially placing individuals in practical, real-life scenarios in the workplace, followed by delivering the necessary training and assistance to attain vocational or independent living goals?
- a) The job readiness model
 - b) The vocational rehabilitation model
 - c) The train-then-place model
 - d) The place-then-train model

Matthews et al

- 21) According to the NHMRC's potential for bias hierarchy as used in this systematic review, which level of evidence has the highest potential for bias?
- a) Level II RCTs
 - b) Level IV Single cohort studies
 - c) Level V non-experimental designs
 - d) Level III non-randomised controlled studies
- 22) In published intervention studies, what factors do readers need to examine to help identify whether the evidence provided is good enough to support the reported outcomes?
- a) Management of study, level of study design, groups similar before the intervention, sample size, statistical precision
 - b) Complete outcome data, sample size, statistical precision, is there a comparison/control group, qualifications of researchers
 - c) Is there a comparison/control group, complete outcome data, groups similar before the intervention, level of study design, statistical precision
 - d) Level of study design, statistical precision, groups similar before the intervention, is there a comparison/control group, calibre of funding awarded to the study
- 23) How many times more likely were participants who received rehabilitation counseling while enrolled in a methadone maintenance program to gain employment than those who did not receive rehabilitation counseling?
- a) 1.2 times more likely
 - b) 2.4 times more likely
 - c) 2.8 times more likely
 - d) 3.7 times more likely

- 24) Which of the following results did the Program Without Walls intervention for people with TBI achieve?
- a) Higher rates of successful case closure, higher income, and increased numbers of hours worked per week
 - b) Obtaining competitive employment faster, improved social integration, and increased mobility
 - c) Improved social skills, decreased need for additional support services, increased length of time employed
 - d) Better occupational skills, better assertiveness, and increased confidence in requesting accommodations
- 25) One of the findings of this paper was that rehabilitation counselors effectively deliver interventions to which of the following?
- a) Client groups that other allied health professionals do not have access to
 - b) Client groups that other allied health professionals have found it easy to progress to employment
 - c) Client groups that other allied health professionals require specialist funding to work with
 - d) Client groups that other allied health professionals have found it difficult to help get employment

Individuals seeking continuing education credit for questions printed in issue 69(1) must submit their materials to the American Rehabilitation Counseling Association no later than October 31, 2026.