

Continuing Education Questions: April 2025

Rehabilitation Counseling Bulletin

Chun et al

- 1) What is one of the key challenges faced by individuals with disabilities in STEM education, as mentioned in the content?
 - a) Lack of role models in STEM fields
 - b) Overwhelming governmental support
 - c) Excessive exposure to STEM field activities
 - d) High expectations and encouragement from parents
- 2) According to SCCT, what are the three primary personal variables that enable agency in academic and career development?
 - a) Self-awareness, external motivation, and financial stability
 - b) Social support, cultural background, and personal interests
 - c) Self-efficacy beliefs, outcome expectations, and goals
 - d) Academic achievement, career exploration, and perseverance
- 3) According to the study findings, what is the primary direct effect of engagement in career development activities on students with disabilities in STEM?
 - a) Direct effect only on career decision self-efficacy
 - b) Direct effect on both career decision self-efficacy and career decision-making outcome expectations
 - c) Direct effect only on career decision-making outcome expectations
 - d) No direct effect observed

- 4) In the context of career development, which type of support was found to be mostly underutilized by students with disabilities in STEM, highlighting potential challenges such as uncertainty about disability disclosure and accommodation needs?
 - a) Interview skills
 - b) Resume and cover letter development
 - c) Support for job search strategies
 - d) Internships and job fairs
- 5) What is the suggested focus for investigation to enhance support for students with disabilities in STEM, based on the content?
 - a) Improving STEM curriculum
 - b) Implementing practical assessments in coursework
 - c) Reducing STEM enrollment
 - d) Strengthening partnerships on and off campus for career exploration

Morrison et al

- 6) Which answer below is a modifiable psychosocial factor that research suggests predicts community participation and rehabilitation outcomes in those with acquired brain injury (ABI)?
 - a) Age
 - b) Race/Ethnicity
 - c) Type of Brain Injury
 - d) Coping Style/Coping Skills
- 7) For this study, which model of family functioning was used as a framework for measuring family functioning in participants with ABI?
 - a) Process Model of Family Functioning
 - b) McMaster Model of Family Functioning
 - c) Beavers Systems Model of Family Functioning

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- d) Bimodal Family Interaction Model of Family Functioning limitations/barriers as their main rehabilitation barriers.
- 8) Which of the following statements BEST describes the findings from the study?
- a) Age and Education were significant predictors of Community Participation Satisfaction in the ABI participants.
 - b) Family Functioning demonstrated a direct significant relationship with Community Participation Satisfaction in the ABI participants.
 - c) Family Functioning significantly predicted Perceived Rehabilitation Barriers in the ABI participants.
 - d) Perceived Rehabilitation Barriers and Community Participation Satisfaction significantly predicted Type of Brain Injury.
- 9) Which statement accurately describes the significant differences between participants with TBI and those with a history of stroke regarding the main perceived rehabilitation barrier?
- a) Participants with a history of stroke were more likely than participants with TBI to report physical limitations/barriers as their main rehabilitation barriers, while participants with a history of TBI were more likely to report cognitive limitations/barriers as their main rehabilitation barriers.
 - b) Participants with TBI were more likely than participants with a history of stroke to report physical limitations/barriers as their main rehabilitation barriers, while participants with a history of stroke were more likely to report cognitive limitations/barriers as their main rehabilitation barriers.
 - c) Participants with a history of stroke were more likely than participants with TBI to report social limitations/barriers as their main rehabilitation barriers, while participants with a history of TBI were more likely to report work-related limitations/barriers as their main rehabilitation barriers.
 - d) Participants with TBI were more likely than participants with a history of stroke to report social or work-related limitations/barriers as their main rehabilitation barriers, while participants with a history of stroke were more likely to report cognitive
- 10) Based on the author's discussion, what statement BEST represents the primary implications of the study findings on rehabilitation counseling practice?
- a) Gathering client demographic information early in the rehabilitation process can give you information about their level of community participation satisfaction.
 - b) Assessing and providing support to enhance family functioning and family communication may improve rehabilitation outcomes for individuals living with ABI.
 - c) All families impacted by ABI experience similar adjustment challenges, and family-level interventions guarantee that families and clients will successfully return to community participation.
 - d) Poor family functioning after one's brain injury causes clients to disengage from rehabilitation and counseling services. Therefore, family system interventions must be provided prior to enrollment in psychosocial rehabilitation and counseling programs.
- Henihan et al**
- 11) Which core component of family life does this article focus on?
- a) Problem solving
 - b) Values
 - c) Affective responsiveness
 - d) Communication
- 12) Overall, the provision of family therapy for families where one person has sustained an acquired brain injury demonstrated:
- a) Improvements in the participants' quality of both personal and family life post intervention
 - b) No improvements in the participants' quality of both personal and family life post intervention
 - c) Improvements with work related goals
 - d) A lack of understanding of family roles and dynamics.

- 13) What was the most common communication disability included in the studies identified in this scoping review?
- a) Cognitive Communication Disorder
 - b) Dysarthria
 - c) Aphasia
 - d) Dysphonia
- 14) How many articles included in the review potentially excluded people with communication disabilities due to the communication demands of the study?
- a) 2
 - b) 5
 - c) 7
 - d) 10
- 15) What potential reason is given for the dearth of Speech and Language Therapists (SLTs) included in research on family therapy in an acquired brain injury population?
- a) There is no need to include SLTs
 - b) The role of SLTs is frequently misunderstood by other healthcare professionals
 - c) SLTs do not want to be included in this type of research
 - d) SLTs do not have the skills to support communication in family therapy sessions

Wu et al

- 16) In this paper, HAPA stands for:
- a) Hope, Assertiveness, Positivity Approach
 - b) Health Action Process Approach
 - c) Health Affirmation Prediction Access
 - d) Happy Assertion Production Approach
- 17) In the present study, which of the following constructs has added to the HAPA model?
- a) Self-efficacy
 - b) Autonomous motivation
 - c) Hope
 - d) Resilience

- 18) Which of the following is NOT the analyses in this present study?
- a) Path analysis
 - b) Hierarchical regression analysis
 - c) Serial multiple mediation analysis
 - d) ANOVA
- 19) According to this study, the HAPA model accounted for 35% of the variance, which is what level of effect size?
- a) Small
 - b) Medium
 - c) Large
 - d) This effect size is not significant
- 20) According to the present study, which construct has the strongest association for the outcome?
- a) Commitment
 - b) Autonomous motivation
 - c) Social support
 - d) Perceived stigma

Sahin et al

- 21) The concept of illness intrusiveness is focused on disruptions in:
- a) Work
 - b) Family relationships
 - c) Subjective well-being
 - d) Capacity of self-management of disease
- 22) The Hungarian adaptation of the Illness Intrusiveness Ratings Scale (IIRS) is associated with how many underlying factors?
- a) One
 - b) Two
 - c) Three
 - d) Four
- 23) Which of the following statements about the study sample is true?
- a) A majority of the sample were female.
 - b) A majority of the sample was single.
 - c) A majority of the sample were under the age of 40.
 - d) A majority had above a primary school education.

- 24) In their investigation of the Turkish version of the IIRS, the authors identified the factors of Intimacy, Relationships and Personal Development, and:
- a) Stigma
 - b) Self-efficacy
 - c) Instrumental life
 - d) Subjective well-being
- 25) According to the authors, the sample of individuals in this study had diseases associated with:
- a) Diet/health living
 - b) Mental impairments
 - c) Physical impairments
 - d) Congenital impairments

Individuals seeking continuing education credit for questions printed in issue 68(3) must submit their materials to the American Rehabilitation Counseling Association no later than April 30, 2026.