

# Continuing Education Questions: October 2024

## *Rehabilitation Counseling Bulletin*

Schwartzman et al

1. Which of the following themes contained specific categories of skills that families suggested as being helpful for individuals with IDD to work on to prepare themselves for employment?
  - a. Employment mindsets
  - b. Skill development
  - c. Family supports
  - d. Workplace supports
2. Within the theme of “Employment Mindsets,” “Community Mindsets” was defined as:
  - a. Individuals with IDD being more aware of their communities
  - b. Families of individuals with IDD being more aware of their communities
  - c. Ways to increase community awareness of disability
  - d. Employers providing adaptations or supports on-the-job
3. Which of the following categories were coded within the theme of “Job Fit”:
  - a. Matching with interests
  - b. Job training
  - c. Growth opportunities
  - d. Social skills

4. The following quote was coded in which theme and category: A mother of a 21-year-old son with ASD and ID shared that her son wants a job so he can be “like everybody else in the household and gives him a reason to want to go do something and not just lay around”
  - a. Skill development – Communication
  - b. Employment mindsets – Mindsets of individuals with disabilities
  - c. Family supports – Family involvement
  - d. Transportation – Traveling Independently
5. The majority of families in the currently study indicated that their family members had disabilities of Autism, Intellectual Disability, and/or \_\_\_\_?
  - a. Visual impairment
  - b. Traumatic brain injury
  - c. Emotional disturbance
  - d. Speech or language impairment

**Umucu et al**

6. There are multiple attachment styles. Which style did the authors use in the study?
  - a. Secure attachment
  - b. Anxious attachment
  - c. Avoidant attachment
  - d. Anxious and avoidant attachments

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7. The authors use the following variables as mediators in the study?
  - a. Romantic relationship problems
  - b. Sexual and romantic relationship problems
  - c. Sexual relations problems
  - d. None
8. What type of mediation analysis method did the authors apply?
  - a. Parallel mediation
  - b. Simple mediation
  - c. Serial mediation
  - d. None
9. What was the main finding of this study?
  - a. Attachment style did not mediate the relationship between unhealthy attachment and academic problems
  - b. Romantic and sexual relationship problems mediated the relationships between unhealthy attachment and academic problems
  - c. Romantic and sexual relationship problems did not mediate the relationships between unhealthy attachment and academic problems
  - d. Attachment style mediated the relationship between unhealthy attachment and academic problems
10. What does unhealthy attachment style in counseling mostly negatively impact?
  - a. Therapeutic relationship
  - b. Client's body language
  - c. Client's attendance
  - d. Therapeutic timeline

**Krause et al**

11. Which item had the highest rate of endorsement from the items on future engagement in employment in five years?
  - a. Have career advancement
  - b. Take on more responsibility
  - c. Work about same number of hours
  - d. Involuntary retirement
12. In the factor analysis, which of the following items was part of the job engagement factor?
  - a. Voluntary retirement
  - b. Reduce workload
  - c. Less demanding work
  - d. Change your job
13. In the factor analysis, which of the following items was part of the job disengagement factor?
  - a. Take on more responsibility
  - b. Give up work due to health/disability
  - c. Have career advancement
  - d. Work about same number of hours
14. In the multiple regression analysis, which of the following demographic covariates was positively associated with the job engagement factor?
  - a. Education level
  - b. Race/ethnicity
  - c. Chronologic age
  - d. Relationship status

15. In the multiple regression analysis, which of the following demographic covariates was unrelated to the job disengagement factor?
- Race/ethnicity
  - Injury level
  - Education level
  - Years since SCI onset

**Lu et al**

16. What does the term “cynicism” mean in Maslach et al.’s (1997) conceptualization of burnout?
- Physical or emotional fatigue
  - Incompetent to perform one’s job duties
  - Negative attitudes toward clients
  - Inability to show compassion

17. How many domains does the *Counselor Burnout Inventory* entail?
- 2
  - 3
  - 4
  - 5

18. What domains in the Counselor Burnout Inventory deviate from Maslach et al.’s (1997) conceptualization of burnout?
- Negative Work Environment, and Deterioration in Personal Life
  - Exhaustion, and Devaluing Client
  - Negative Work Environment, Incompetence
  - Deterioration in Personal Life and Devaluing Client

19. What did the results of the current study reveal about burnout of those 147 rehabilitation counselors in relation to gender?

- Males had a lower mean score on Exhaustion than females
- Males had a lower mean score on Devaluing Client than females
- Males had a lower mean score on Deterioration in Personal Life than females
- Males had a lower mean score on Incompetence than females

20. What did the results of the current study reveal about the burnout of those 147 rehabilitation counselors in relation to supervision?

- Rehabilitation counselors with a good quality of supervision had lower burnout symptoms than their counterparts on Incompetence
- Rehabilitation counselors with a good quality of supervision had lower burnout symptoms than their counterparts on Exhaustion
- Rehabilitation counselors with a good quality of supervision had higher burnout symptoms than their counterparts on Devaluing Client
- Rehabilitation counselors with a good quality of supervision had higher burnout symptoms than their counterparts on Negative Work Environment

**Huang et al**

21. According to the dual attitudes model (Wilson et al., 2000), what are the two attitudes that people hold?
  - a. Verbal and nonverbal attitudes
  - b. Explicit and implicit attitudes
  - c. Public and private attitudes
  - d. Positive and negative attitudes
22. Which is a purpose of a scoping review?
  - a. Calculate the effect size of interventions
  - b. Identify available evidence in a given field
  - c. Evaluate the quality of previous studies
  - d. Provide practice and research implications
23. Which factor is associated with weaker disability implicit biases?
  - a. Taking courses in disability and rehabilitation
  - b. Conducting research studies on disability justice
  - c. Participating in disability advocacy campaigns
  - d. Interacting with people with disabilities directly
24. Which is the prevailing paradigm to measure disability implicit biases?
  - a. Implicit association test
  - b. Evaluative priming task
  - c. Lexical decision paradigm
  - d. Vignettes-response task

25. Which is a disadvantage of the IAT?
  - a. Does not rule out social desirability
  - b. Unreliable psychometric properties
  - c. Lack of inclusivity and accessibility
  - d. Inflexibility in administration mode

**Abed et al**

26. Which of the following can be inferred from the positive correlation between meaning in life and psychological well-being?
  - a. Meaning in life affects the social aspects of life
  - b. Meaning in life influences psychological functioning
  - c. Meaning in life affects self-acceptance
  - d. Meaning in life determines goal attainment
27. Which aspect of the meaning in life construct indicates our fit into the world?
  - a. Search for meaning
  - b. Having meaning
  - c. Presence of meaning
  - d. Individualized meaning
28. What is the first step in meaning-based intervention?
  - a. Narrating the injury story
  - b. Introducing sources of meaning
  - c. Effects of injury on identity
  - d. Limitations caused by injury
29. Which of the following can be a source of meaning?
  - a. Illness
  - b. Legacy
  - c. Future
  - d. Present

30. Which of the following can be an experiential source of meaning?
- a. Roles
  - b. Therapy
  - c. Identity
  - d. Love

**Individuals seeking continuing education credit for questions printed in issue 68(2) must submit their materials to the American Rehabilitation Counseling Association no later than January 31, 2026.**