



CACREP Accreditation and Rehabilitation Counseling

HOST: SONIA PETERSON, PH.D. CRC LPCC

ARCA PRESIDENT



*Excellence in
Counselor Education
Since 1981*

Panel Members

- ▶ Dr. Sonia Peterson, ARCA President
- ▶ Dr. Yolanda Edwards, ARCA Past-President
- ▶ Dr. Valerie Dixon, ARCA President-Elect
- ▶ Pam Shlemon, CRCC Executive Director
- ▶ Dr. Sylvia Fernandez, CACREP President & CEO
- ▶ Dr. Michelle Aliff, CRCC Vice President

Kumeyaay Land Acknowledgement

created by Mike Connolly Miskwish (Kumeyaay)

We stand upon a land that carries the footsteps of millennia of Kumeyaay people. They are a people whose traditional lifeways intertwine with a worldview of earth and sky in a community of living beings. This land is part of a relationship that has nourished, healed, protected and embraced the Kumeyaay people to the present day. It is part of a world view founded in the harmony of the cycles of the sky and balance in the forces of life. For the Kumeyaay, red and black represent the balance of those forces that provide for harmony within our bodies as well as the world around us.

As students, faculty, staff and alumni of San Diego State University we acknowledge this legacy from the Kumeyaay. We promote this balance in life as we pursue our goals of knowledge and understanding. We find inspiration in the Kumeyaay spirit to open our minds and hearts. It is the legacy of the red and black. It is the land of the Kumeyaay.

Eyay e'Hunn My heart is good.

Agenda

- ▶ Explore trends in the Rehabilitation Counseling field
- ▶ Review trends in State Mental Health Counselor Licensure
- ▶ Review data collected from CRC exam participants
- ▶ Share CACREP accreditation information on RC programs
- ▶ Discuss strategies for Rehabilitation Counseling advocacy
- ▶ Plan for an upcoming webinar with panel of RC program faculty who have successfully navigated a CACREP self-study
- ▶ Reminder: CACREP 2024 standards revision draft 3 feedback is due by June 30

Reminders

- ▶ This webinar is being recorded and a link will be available on the ARCA website
- ▶ Thank you to our ASL interpreters!
- ▶ Please raise your electronic hand if you have a question or comment
- ▶ Please only one person speaking at a time

Rehabilitation Counseling Trends

- ▶ Continued RSA LTT scholarships in Rehabilitation Counselor Education programs
- ▶ Increases in private vocational rehabilitation and forensic work that require the CRC
- ▶ Increases in numbers of individuals with psychiatric disabilities in service-delivery systems including State Vocational Rehabilitation (Peterson & Olney, 2021)
- ▶ Increases in mental illness, substance use disorders, and suicides in the general population
- ▶ Opportunities for Counselor licensure in all 50 states
- ▶ CACREP accreditation for Rehabilitation Counseling programs

Licensure as Professional Counselors

- ▶ Available in all 50 states
- ▶ Counselor education, supervised experience, and exams are required
- ▶ Some states accept the CRC exam
- ▶ Most states accept either NCE or NCMHCE exam
- ▶ Ten states have joined the counseling compact
- ▶ Graduation from a CACREP Clinical Mental Health program satisfies licensure requirements in all 50 states
- ▶ The LPMHC position in VA health care requires graduation from a CACREP Clinical Mental Health or Clinical Rehabilitation Counseling program
- ▶ ARCA has a long history of advocating for licensure in conjunction with CRCC, CORE, and state license boards.
- ▶ ARCA, CRCC and other RC organizations are requesting CACREP write a letter of support for Certified Rehabilitation Counselors graduating from CACREP or similar Accredited programs be eligible for Licensure as Professional Counselors in all 50 states and the District of Columbia

CRC Academic Eligibility

Category 1 – Student in or Graduate of a CACREP-Accredited Program Student in or graduate of a master's level rehabilitation counseling (RC) or clinical rehabilitation counseling (CLRC) program accredited by CACREP at the time the degree is or was conferred. If graduation occurred prior to July 1, 2017, the program must have been accredited by CORE.

Note: Doctoral degrees should apply through Category 3.

Category 2 – Student in or Graduate of a Non-CACREP (or CORE) Accredited Program

Student in or graduate of a master's level rehabilitation counseling (RC) or clinical rehabilitation counseling (CLRC) program that is not or was not accredited by CACREP or CORE at the time the degree is or was conferred.

Category 3 – Graduate of a Master's or Doctoral Program in Related Field of Study

CRCC offers a pre-review by staff of the Category 3 eligibility requirements as detailed at the end of this section.

Graduate of a master's or doctoral program in a related field of study with course content that emphasizes rehabilitation, counseling, disability, therapy, health, employment, wellness, or human development

Full Eligibility Overview: View CRCC website at: <https://crtc certification.com/get-certified/>

CRC Job Task Analysis (JTA)

- ▶ In 1980 The CRC Certification program became accredited by The National Commission for Certifying Agencies (NCCA). Accreditation provides value to the credentialing program, certificants, employers, and the public, by assuring stakeholders that an independent third party has reviewed the components of a program and that the program has met the stringent standards set by the credentialing community.
- ▶ In 1979 the first Role & Function study (now today as the Job Task Analysis) (JTA)) was created to delineate the roles and functions, knowledge domains, and preparedness of certified rehabilitation counselors. Since that time there have been Role and Function studies completed every 5 years. The latest **evidence-based research study** was completed in 2021 and is now called the Job Task Analysis (JTA)
- ▶ CRCs are **experts in disability**. CRCs requires an exceptional breadth of knowledge and skills which no other counseling profession requires.
- ▶ Rehabilitation counseling is a systematic process that assists persons with all types of disabilities: physical, mental, developmental, cognitive, and emotional disabilities to achieve their personal, career, and independent living goals in the most integrated setting possible through the application of the counseling process. CRCs work through a holistic approach – they “treat” the whole individual.
- ▶ The extensive knowledge, skills and competencies incorporates the following areas:

CRC Knowledge Domains, Competencies, and Tasks

CRC Knowledge Domain Areas

1. Professional Orientation and Ethical Practice
2. Counseling Theories, Techniques, and Evidence-Based Practices
3. Group and Family Counseling
4. Crisis and Trauma Counseling and Interventions
5. Medical and Psychosocial Aspects of Chronic Illness and Disability
6. Assessment/Evaluation, Occupational Analysis and Service Implementation
7. Career Development and Job Placement
8. Business Engagement
9. Community Resources and Partnerships
10. Case Management
11. Health Care and Disability Management
12. Research, Methodology, and Performance Management

CRC Exam Analysis Counseling

CRCC analyzed data of eleven (11) CRC exams over four (4) years to determine trends, specifically where students pass rates declined. The data below represents where rehabilitation educational programs report shifting their course work to align with the CACREP standards causing very low pass rates in the domains noted below.

- Exam trends: March 2019 – October 2021
- Each exam covers 12 domains and has two sections - Counseling and Rehabilitation & Disability.

COUNSELING SECTION OF THE CRC EXAM:

- Counseling Theories & Techniques, and Evidence-Based Practice - 60% avg. fail rate
- Crisis and Trauma Counseling and Interventions – 57% avg. fail rate
- Assessment/Evaluation, Occupational Analysis and Service Implementation – 67% avg. fail rate
- Case Management - 57% avg. fail rate

CRC Exam Analysis Research and Disability

REHABILITATION & DISABILITY SECTION OF THE CRC EXAM:

- Professional Orientation and Ethical Practice – 67% avg. fail rate
- Medical and Psychosocial Aspects of Chronic Illness and Disability – 69% avg. fail rate
- Assessment/Evaluation, Occupational Analysis and Service Implementation - 70% avg. fail rate
- Career Development and Job Placement 59% avg. fail rate
- Business Engagement 61% avg. fail rate
- Community Resources and Partnerships 62% avg. fail rate
- Health Care and Disability Management 58% avg. fail rate

CRC Knowledge Domains (CRCC, 2022) & CACREP crosswalk

https://crccertification.com/wp-content/uploads/2022/05/CRCC-Public-Comment_Draft-2-2024-CACREP-Standards_final_Webiste.pdf

CACREP (2016) Foundational Counseling Curriculum Areas

- ▶ Professional Counseling Orientation and Ethical Practice
- ▶ Social and Cultural Diversity
- ▶ Human Growth and Development
- ▶ Career Development
- ▶ Counseling and Helping Relationships
- ▶ Group Counseling and Group Work
- ▶ Assessment and Testing
- ▶ Research and Program Evaluation

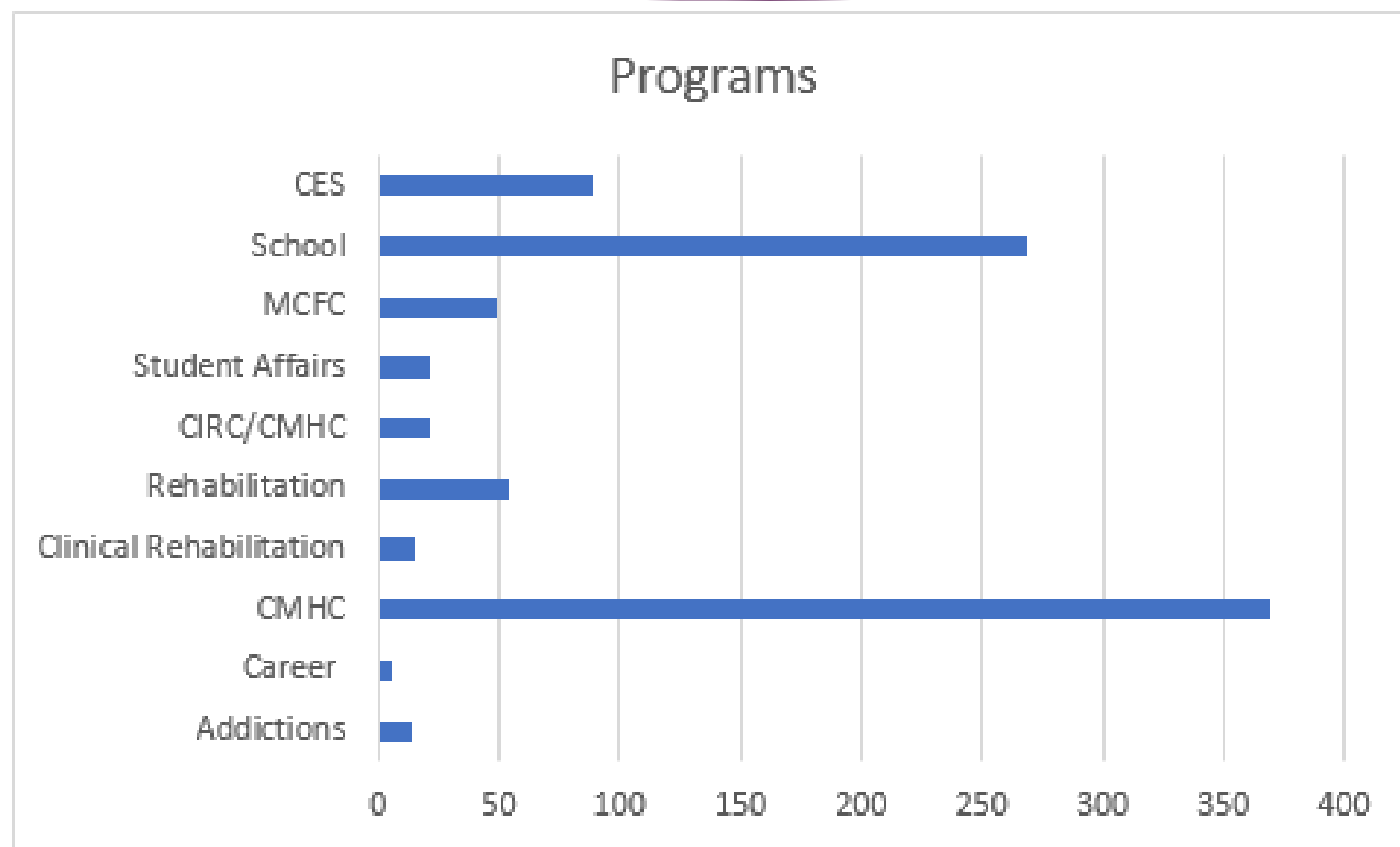
RC: Evidence-based Job Placement

- ▶ Evidence-based vocational assessment, Labor Market Analysis, and job placement strategies

CACREP and RC programs

- ▶ CACREP's history of rehabilitation counselor education
- ▶ Rehabilitation counselor education programs
 - ▶ Number adopted on July 1, 2017
 - ▶ Number currently accredited
 - ▶ Number that have been through the CACREP accreditation review process
 - ▶ Number with an October 31, 2023 expiry date
- ▶ Acculturating to the CACREP accreditation review process

CACREP Context



Strategies for Rehabilitation Counseling Advocacy

- ▶ Join professional organizations that promote our Rehabilitation Counseling identity
- ▶ Continue to advocate for disability inclusion in the practice of counseling at large
- ▶ Promote evidence-based rehabilitation counseling strategies in all counselor education programs
- ▶ ARCA president platform: ACA/ARCA membership, state licensure, and collaboration with other national organizations

Strategies: Disability Inclusion

- ▶ Promote our Rehabilitation Counseling specialty
- ▶ Promote evidence-based vocational assessment and job placement strategies for people with disabilities
- ▶ Promote CACREP accreditation
- ▶ Promote the CRC credential
- ▶ Continue to advocate for disability inclusion in the practice of counseling at large

Strategies: Evidence-Based Practices

- ▶ Motivational Interviewing
- ▶ Evidence-based vocational assessment, Labor Market Analysis, and job placement strategies
- ▶ Individual Placement and Support Model (IPS) Supported Employment in Competitive job settings for people with psychiatric disabilities (www.ipsworks.org)
- ▶ Cognitive Behavioral Therapy (CBT) strategies
- ▶ Trauma-informed counseling practices
- ▶ SAMHSA recommended mental health and SUD screening and referral strategies

Upcoming opportunities

- ▶ CACREP and RC Roundtable discussion with Sylvia Fernandez at IARP Fall conference at the Ft. Worth, TX Hilton Hotel, October 19-22, 2022
- ▶ Tentative: CACREP 2024 Standards Revision final draft #4 is expected fall, 2022 with feedback due by the end of the calendar year
- ▶ Save the date for our next ARCA hybrid webinar with free zoom participation at the ACA 2023 conference in Toronto, Canada, March 30-April 2
- ▶ ARCA needs your recommendations for a panel of RC program faculty who have successfully navigated a CACREP self-study for the webinar

Reminders

- ▶ Feedback on CACREP 2024 Standards Revisions Draft #3 is due June 30:
- ▶ <https://www.cacrep.org/news/cacrep-2024-standards-draft-3/>
- ▶ Please consider serving as a site reviewer for CACREP

Thank you!

Join ACA and the ARCA division at:

<https://www.counseling.org/membership/join-reinstate-today!>

Visit us at www.arcaweb.org