

A Division of the American Counseling Association

JANUARY 2018



PRESIDENT'S MESSAGE MICHELLE BRADHAM-COUSAR, ABD, CRC 2017-2018 ARCA PRESIDENT



ARCA continues to grow and adapt, remaining always adaptable, motivated and responsive to counselors within the field of rehabilitation. Our organization is confronting a time of many changes and we are meeting these changes during a time of nationwide and global change. The continual advancement of counseling profession relies on the ability to build professional counselors that can influence the Rehabilitation field. The world of Rehabilitation Counseling is an exciting area in which to work, study and play.

During the month of July, at the Institute for Leadership Training (ILT) in Washington, D.C., your ARCA President was in full representation on Capitol Hill on behalf of the Rehabilitation counselors. The impact was unsurmountable as counselors unified as one group to have maximum impact on Capitol Hill. We came together on common issues such as Medicare, Veterans, and the counseling field advancement to discuss with our congressional leaders important bill initiatives. I met with representatives from Marco Rubio and Bill Nelson's office.

During the month of September, the ARCA Conference moved full steam ahead in Orlando, Florida, after Hurricane Harvey and Irma ripped through Texas and Florida. ARCA supported the Floridians through the rebuilding process. ARCA decided to contribute to the economy that so desperately needed the finances in order to start the renewal process. ARCA did not pull away from the State of Florida that was in need of the resources. ARCA contributed needed ready packs

for those survivors. Our very own President of ACA, Gerard Lawson, continued the relief efforts with his travel to the Florida Keys on a direct disaster assignment. The Mayor of Orlando thanked ARCA for the needed contributions. ARCA did not stop there. We contributed a donation to the Texas charity called ChosenCare that assisted displaced children. We aimed to make maximum impact and it was a success!

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During the months of October, November and December, we have been striving for the increase of our digital footprint. We are increasing our outreach in the technology world. ARCA began with a test run of our newest system located on ACA Connect that is inclusive of community discussions. This is a discussion board for ARCA members that can create a thread, post discussion, inquire about resources, and develop networking opportunities. Another addition to the new ARCA technology accounts are Facebook Business, Twitter, Webinar trainings and LinkedIn.

We are transforming the way we operate to continuously improve our ability to address the needs of the Rehabilitation profession through advocating and promoting educational opportunities. Our leadership team and partners have continued to meet the challenges of our field. We should all be very proud of where we are today and excited about where we are headed. Join with us as we continue to advocate for our profession.

Thank you for taking the steps to invest in you. Know that I continue to be humbled by this opportunity to serve you, the members of ARCA, as your President and I am grateful to do so with such a passionate and dedicated Executive Leadership team.

Please log onto our website at www.arcaweb.org for more information about all of our events, elections and trainings. Join us in Atlanta in 2018. For more information, visit www.counseling.org/conference/atlanta-2018.

Together as One,

Michelle Bradham-Cousar

Michelle Bradham-Cousar ARCA President 2017-2018

THE MISSION OF ARCA. . . .

The mission of the American Rehabilitation Counseling Association (ARCA) is to enhance the development of people with disabilities throughout the lifespan and to promote best practices in the rehabilitation counseling profession. ARCA's goal is to provide leadership that will encourage excellence in rehabilitation counseling practice, research, consultation, and professional development. ARCA is equally interested in eliminating attitudinal, political, and physical barriers so that more opportunities are available in education. employment, and community activities to people with disabilities. This is accomplished through public education. systems advocacy, and legislative action.

EXPLORE....

ARCA'S WEBSITE

http://www.arcaweb.org

Visit the website regularly for:

- Updates and News
- Calls
- Resources
- Links
- Forms
- Conference Information
- Newsletter Archives
- and more!

ARCA'S LISTSERV

arca@listserv.arcaweb.org



PRESIDENT-ELECT

YOUR 2017-2018 ARCA LEADERSHIP

July 1, 2017 through June 30, 2018

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ACA GOVERNING COUNCIL REPRESENTATIVE

Paige Dunlap <u>pdunlap@ncat.edu</u>

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MEET STEVE ZANSKAS

ARCA'S NEW
PR AND
AWARENESS CHAIR

Steve Zanskas, Ph.D., CRC, LPC (Michigan and Wisconsin) is our new Public Relations and Awareness Chair. Dr. Zanskas is an Associate Professor at The University of Memphis. He coordinates the Clinical Rehabilitation Counseling and Rehabilitation Counseling Programs as well as the Ed.D. Program in Counselor Education and Supervision at The University of Memphis. Dr. Zanskas has been involved with managing membership on our webpage for the past year. His role will be expanded as the Public Relations and Awareness Chair during his three-year term.

Here is a summary of the Public Relations and Committee's activities Awareness Our Committee has been actively September. working to improve ARCA's social media presence. Visit our website and you will find that we have links to our new Facebook page, Instagram, Pinterest, and Twitter feeds. We have also added links to ACA Connect and the Rehabilitation The Committee and the Counseling Bulletin. Board have been exploring platforms in order to deliver professional development webinars and a link will soon be added to our PayPal account. Now, there are now many ways of engaging with ARCA. ARCA also has a new email address: arcaoffice@arcaweb.org

Each of the sites below are accessible directly through our website at www.arcaweb.org

Facebook

https://www.facebook.com/joinARCA/

Instagram

https://www.instagram.com/joinarca/?ref=badge

Twitter

https://twitter.com/joinARCA

Pinterest

https://www.pinterest.com/joinARCA/



MEET THE 2018-2021 ARCA BOARD CANDIDATES

For information on ARCA's nominations and elections, visit http://www.arcaweb.org/nomination-and-election/

PRESIDENT-ELECT ~ DR. MICHAEL HARTLEY



Dr. Michael T. Hartley is an associate professor and coordinator of the M.A. Degree Counseling Program specialization in Rehabilitation and Mental Health at The University of Arizona. As an ethics scholar in rehabilitation counseling, much of his scholarship on ethics has targeted distributive justice issues and therefore his scholarship on ethical obligations has focused on the importance of promoting resilience and of advocating against ableism or the preference for ablebodiedness. His research on the pattern and prevalence of ethical issues within rehabilitation counseling practice guided revisions to the recently revised 2017 Commission on Rehabilitation Counselor (CRCC) Code of Professional Ethics for Rehabilitation Counselors, a taskforce he served on. Additionally, his research has informed grant-funded projects to promote resilience among military veterans with spinal cord injuries and youth with disabilities during the school-to-work transition. He recently co-edited the second edition of *The Professional Practice of Rehabilitation*

Counseling, a textbook detailing the evolution of rehabilitation counseling from its inception in federal legislation in the early 1900s to its current recognition as a specialization of the counseling profession. It currently is the only up-to-date introductory text for the 100 or so programs in rehabilitation counseling that prepare rehabilitation counselors to provide services across diverse employment settings, including mental and behavioral health, one of the fastest growing aspects of counseling and an expertise necessary for new graduates interested in seeking licensure. Dr. Hartley is knowledgeable about the profession and professional practice of rehabilitation counseling, and is deeply committed to defining and preparing rehabilitation counselors to work ethically and effectively with persons with disabilities.

CHAIR OF ARCA'S COUNCIL ON RESEARCH & KNOWLEDGE DR. MAUREEN MCGUIRE-KULETZ, CRC

Maureen McGuire-Kuletz, Ed.D, CRC is an Associate Professor in the Rehabilitation Counseling Program and Co-Director of the GW Center for Rehabilitation Counseling Research and Education. She has more than 20 years of experience working for state VR agencies (blind and general) as well as in private non-profit and private for-profit rehabilitation counseling agencies. She has presented at national, state and regional conferences and has actively served on the boards of the National Council of Rehabilitation Educators (NCRE), the National Rehabilitation Association (NRA), the US Department of Veterans Affairs Vocational Rehabilitation and Employment Advisory Committee and the Vocational Evaluation and Career Assessment Professional National Association. Her research interests include ethics, distance education, disability and poverty, and services to veterans with disabilities. She has secured more than \$8 in federal grant projects and edited, authored and co-authored numerous publications.



DR. MATTHEW SPRONG, CRC, LCPC, CADC, CLDP



Dr. Matthew E. Sprong is an Assistant Professor of Rehabilitation Counseling at Northern Illinois University. Dr. Sprong's professional experiences involves private and forensic rehabilitation consultation, e.g., Life-Care Planning, Worker's Compensation, Personal Injury Litigation, Impartial Vocational Expert Testimony in Social Security Hearings, substance abuse counseling, program evaluation, and vocational services, i.e., vocational evaluations, job placement services, in a community-based rehabilitation program. He has authored over 20 refereed journal articles, has several book chapter publications, and multiple presentations as the local, state, and national levels. He is currently the President of VEWAA and the Illinois Chapter of the International Association of Rehabilitation Professionals (IARP). Dr. Sprong is a certified rehabilitation counselor, licensed clinical professional counselor, certified alcohol and drug counselor, and certified life care planner.



MEET THE 2018-2021 ARCA BOARD CANDIDATES

For information on ARCA's nominations and elections, visit http://www.arcaweb.org/nomination-and-election/

CHAIR OF ARCA'S COUNCIL ON ORGANIZATION, ADMINISTRATION AND MANAGEMENT

VALERIE E. D. RUSSELL, PH. D, CRC, LMHC



Valerie E. D. Russell, Ph.D., CRC, LMHC, LCPC, NCC, PVE is an Assistant Professor, Program Coordinator of the Rehabilitation Counseling, Principal Investigator/Project Director of a RSA Grant, and Clinical Coordinator of the Counselor Education Program at Florida International University. She received her Ph.D. in Rehabilitation-Administration from Southern Illinois University-Carbondale, her Ed. S. in Rehabilitation Counseling from The Florida State University and her MA in Rehabilitation and Mental Health Counseling from University of South Florida. She is a licensed clinical mental health counselor in the state of Florida, a licensed clinical professional counselor in the state of Illinios, a nationally certified rehabilitation counselor, professional vocational evaluator and a nationally certified counselor. She has

held the elected position as Director, Organization, Administration and Management Council for American Rehabilitation Counseling Association (ARCA) for the past 3 years and has served on 2 editioral boards for peer refereed journals. Dr. Russell has over 18 years of experience working in the human service/counseling field in several capacities and she has developed and facilitated county-wide training for healthcare professionals, statewide staff training initiatives for correctional probation officer training academies and region-wide staff development/training for state vocational rehabilitation counselors. Her research interests include underrepresented populations (offenders, persons w/disabilities, multicultural populations), counseling supervision and staff development/training in counseling.

CHAIR OF ARCA'S COUNCIL ON ORGANIZATION, ADMINISTRATION AND MANAGEMENT

MARY CRITES, LCPC, CRC, EMT-B



Hello everyone. My name is **Mary C. Crites**, and I feel fortunate to be a member of the American Rehabilitation Counseling Association, and the American Counseling Association. Since I graduated from the Rehabilitation Counseling Program at Southern Illinois University in 1996, I have had the opportunity to work/volunteer in various areas of rehabilitation including: mental health, addictions, psychosocial, and vocational. I have also had the opportunity to work in an Employee Assistance Based Private Practice. In addition to working in the rehabilitation counseling field, I have worked/volunteered in diverse areas including: History, Recreation, Community Service Organizations, and Emergency Medical Services. All of the above experiences have enhanced my awareness of the importance of accessible services to meet the needs of each individual client/consumer. Because the various needs of the individual client/consumer are in a constant state of change; quality research needs to be conducted in order to meet those needs.



MEET THE 2018-2021 ARCA BOARD CANDIDATES

For information on ARCA's nominations and elections, visit http://www.arcaweb.org/nomination-and-election/

ACA REPRESENTATIVE TO THE ACA GOVERNING COUNCIL DR. PAIGE DUNLAP, LPC, CRC, NCC, ACS, PVE

Paige N. Dunlap, Ph.D. LPC, CRC, NCC, ACS, PVE is an Assistant Professor at North Carolina A&T State University. Her research focuses on aspects of Rehabilitation Counselor Education including counselor supervision, transition-age youth with disabilities, and multicultural issues. Specifically, she has published a number of articles on the rehabilitation counseling implications of providing services to gang members and other criminal populations with disabilities. Dr. Dunlap is the owner of Dr. Paige Dunlap and Co., PLLC where she provides counseling, consultation, and vocational evaluation services. She currently serves as the American Rehabilitation Counseling Association's Governing Council Representative to the American Counseling Association. In the past she has also served on the CRCC Ethics Committee and has been awarded both the American Counseling Association – Counselor's for Social Justice Ohana Award and the Association on Multicultural Counseling and Development – Professional Development Awards.



DR. DAVID PETERSON, CRC, LMHC, LPC



David B. Peterson, Ph.D., Professor at California State University, Los Angeles, is a Certified Rehabilitation Counselor, licensed mental health counselor (LMHC, inactive), and licensed clinical psychologist (California, Illinois) with expertise in applying psychological principles to clinical problem solving in disability and function. For nearly three decades he provided or supervised counseling and psychological services for people with a wide range of disabilities (chronic and severe psychiatric diagnoses, deafness, developmental disabilities, stroke, spinal cord injury, traumatic brain injury, and other disabilities) across the lifespan. Teaching focused on applying psychological principles to working with people with a broad range of disabilities, including 46 course preparations in 20 content areas within programs accredited by the Council on Rehabilitation Education (CORE), the Council for Accreditation of Counseling and Related Educational Programs (CACREP), and the American Psychological Association (APA). For the past decade served as Medical Expert for Social Security

Administration's Office of Disability Adjudication and Review for adult and child psychiatric disability cases. His scholarship focused on the International Classification of Functioning, Disability and Health (ICF), and ethical decision-making. He has contributed to 61 scholarly publications, 46 local and national presentations, directed six research and training grants totaling over \$1.7 million, and is a member of four editorial boards for peer-reviewed journals.





NOMINATE TODAY!

2017 ARCA RESEARCH AWARDS CALL FOR NOMINATIONS!

MARY HUBER, PH.D., CRC RESEARCH AND KNOWLEDGE COUNCIL CHAIR

RESEARCH AWARD

Nominations are being sought for the (2017) American Rehabilitation Counseling Association (ARCA) *Research Award*, which recognizes and honors high quality, empirical research in the field of rehabilitation counseling. Research published in peer-reviewed outlets in 2017 will be considered. If the submission is accepted in the year of 2017 but not published yet, will be accepted. Reviewers for this annual award are instructed to evaluate the methodology, data collection, sample size, sample characteristics, data analysis, data interpretation, and statistical integrity of the work. A standard evaluation form is used and volunteers are asked to be evaluators.

Nominations must be emailed to Mary Huber, at Mary.Huber@wright.edu and must include a full APA reference of the publication, and an electronic copy, link, or pdf file of the complete research article/work.

JAMES F. GARRETT AWARD

Nominations are being sought for the 2017 American Rehabilitation Counseling Association (ARCA) James F. Garrett Award for a Distinguished Career in Rehabilitation Research, which recognizes excellence in research contributions over one's career. The nominee may or may not be retired in order to qualify. Nominee's published research should span at least 15 years and focus on rehabilitation counseling.

Nominations should include strong evidence supportive of the nomination, e.g., letters of support, samples of publications, and curriculum vitae.

Please email nominations to Mary Huber, at Mary.Huber@wright.edu.

DEADLINE FOR NOMINATIONS FOR

EITHER THE RESEARCH AWARD OR THE

JAMES F. GARRETT AWARD

IS THURSDAY, JANUARY 25, 2018

James F. Garrett Award Winners 1989 to Present

Brian Bolton	1989	Douglas C. Strohmer	2003
Alfred J. Butler	1989	Michael Leahy	2004
Marcelline E. Jaques	1990	Richard Roessler	2004
George N. Wright	1990	Chow Lam	2005
Stanford E. Rubin	1994	Susanne Bruyere	2006
Kenneth R. Thomas	1994	Reginald J. Alston	2007
Brian McMahon	1995	Vilia M. Tarvydas	2008
Randall Parker	1996	Irmo Marini	2010
Norman L. Berven	1998	James Herbert	2011
Daniel Cook	1999	David Strauser	2011
Fong Chan	2000	Ellen Fabian	2012
Edna Mora Szymanski	2000	Dennis Gilbride	2013
David Hershenson	2001	Keith Wilson	2014
Hanoch Livneh	2001	Phillip Rumrill	2016





ARCA STUDENT TASK FORCE REPRESENTATIVE

TONY REYES, M.S., CRC, CDMS

CALL FOR "UNDERSTANDING REHABILITATION COUNSELING" STUDENT PROJECTS

Dear Students,

I hope this message finds you doing well!

One of ARCA's goals is to assist in the professional development of rehabilitation counselors. As advocacy work is an essential component of one's professional identity, ARCA is interested in engaging students and contributing to their development as rehabilitation counselors.

I am inviting students to participate in ARCA's Understanding Rehabilitation Counseling through Advocacy Work project. The project is an opportunity for students to explore the work of rehabilitation counselors in their community as well as the needs of individuals with various disabilities. For the project, students are asked to go into their communities to identify needs of persons with disabilities and create potential solutions to specific problems or challenges. The complete project guidelines are available by emailing arcaprograms@gmail.com.

We encourage students to spend their winter breaks planning and following through with their projects. All projects must be submitted by February 23, 2018.

Students may work individually or in a team. Two selected teams will receive reimbursement to cover up to \$800 of the conference expenses for their students to attend the ACA Conference in Atlanta, April 26-29, 2018.

Please email <u>ARCAprograms@gmail.com</u> with any questions regarding the project. We hope that this will be a great opportunity to engage with your community and learn more about the rehabilitation profession.

CHECK OUT THIS PREVIOUS STUDENT PROJECT

UNDERSTANDING REHABILITATION COUNSELING (URC)

The video produced by students of Northern Illinois University, Rehabilitation Counseling Program for their URC project a few years ago is on YouTube.

https://www.youtube.com/watch?v=-sKRUiPZkbQ



Start or Join a Discussion Today!

Ask or Answer Questions with Your Peers!

See the Latest Discussions

See Recent Shared Files

Who are the Most Active Members?

Join our Community at https://community.counseling.org/home





ACA GOVERNING COUNCIL REPRESENTATIVE REPORT

PAIGE N. DUNLAP, PH.D., LPC, CRC, NCC, ACS, PVE

Greetings ARCA Community!

As the ARCA's representative to the ACA Governing Council, I want to ensure that I am keeping you abreast of the latest information and updates. The Governing Council has been busy over the last few months, convening both in Washington, D.C., on July 13-15, 2017 and in Chicago, IL, on October 2–4, 2017. As with most organizations, strategic planning is an essential function. As such, much of the two meeting were devoted to the continuation of solidifying a strategic plan that will lead us into the next few years. Here are some of the highlights from both meetings:

- President Lawson was featured on Good Morning America to speak about the tragic shooting in Las Vegas.
- Portability There is a link on the ACA website under licensure which showcases the ACA portability model. Letters have been sent to states regarding the model. The organization will reach out to and follow up with how the states feel about the letter and model. If you would like to learn more about the portability plan, please visit: www.counseling.org/knowledge-center/licensurerequirements/licensure-policies and ct.counseling.org/2017/06/aca-continues-pushforward-licensure-portability/
- Human Rights Statements regarding subjects such as deportation and gender identity are being developed.
- Update on Health Care Reform and the impacts on Mental Health. ACA opposed the healthcare reform bill due to loss of coverage and increased costs.
- Brand and Engagement The organization is trying to transform ACA from a traditional membership organization to a more communication-based company. This will mean increasing the customer experience.
- Plans for 2018-2020 Including strategic objectives and results. International partnerships – including a representative on the United Nations NGO committee; partnerships with the Korean Counseling Association; partnerships with the Britain and Ireland regarding a joint conference.

- Partnerships with the Boys and Girls club are continuing. Working on developing a toolkit for trauma this year.
- ACA received 2017 APEX Awards for articles written in Counseling Today.
- The Executive Council will meet to discuss and report back to the Governing Council about strategies to increase participation in ACA leadership positions from private practice practitioners.
- ❖ The Executive Council will meet to discuss and report back to the Governing Council about how to advocate for Medicare provider status. This may be difficult given the current Congress makeup.
- ACA and ASCA are developing a new collaborative relationship since ASCA functions as an organization separate from ACA. Most members of ASCA are not members of ACA.
- A motion was passed to, when feasible, have a gender inclusive restroom facility at the ACA conference.
- There is ongoing discussion on the ACA conference selection process and how to best ensure that there is representation of all content areas.
- ❖ The Nominations and Elections committee, which I am part of, is working on new ways to innovate the "Meet the Candidates" session at ACA. For example, maybe more use of technology, possibly during a time when no CEUs are given, etc.

Other things to keep in mind:

- ❖ JCD app is available JCD on the Go!
- Encouragement of members to utilize ACA Connect to interact!
- The ACA Conference 2018 is in Atlanta, Georgia! We hope to see you April 26–29. Registration is open and hotels are filling!

Paige Dunlap, ARCA Governing Council Representative pdunlap@ncat.edu





Plan now for ACA 2018 The Future of Counseling

April 26-29, 2018
Pre-Conference Learning Institutes April 25-26

Georgia World Congress Center

Atlanta, Georgia

Join us for the national counseling event of the year! Attendees can earn CEs through a wide variety of timely education sessions; take advantage of powerful learning opportunities such as the Grad Students and New Professionals Only Series; collaborate with counseling peers from around the globe; gain career insights and/or leads at the ACA Career Center; relax/recharge at special evening events, and so much more.

Attending the ACA 2018 Conference & Expo is an investment in your career. There's no better way to demonstrate your commitment to the counseling profession than to update your skills, enhance your knowledge base, and broaden your horizons—all in one very special place!

ARCA'S SCHEDULE FOR ATLANTA ~ APRIL 26-28, 2018

Meetings and Events	Day	Date	Start Time	End Time
ARCA Town Hall & Board Meeting	Thurs.	April 26	1:00 p.m.	5:00 p.m.
ARCA RCB Editorial Board Meeting	Fri.	April 27	7:30 a.m.	9:00 a.m.
ARCA Membership Meeting	Fri.	April 27	3:00 p.m.	4:30 p.m.
ARCA Student Activities	Sat.	April 28	10:00 a.m.	11:30 a.m.
ARCA Reception	Sat.	April 28	7:00 p.m.	9:00 p.m.

Join us at the above meetings and events which will take place at the ACA Headquarter Conference Hotel ~ The Omni Hotel at CNN Center

Please log onto to our website at www.arcaweb.org for more information about all of our events, election, and trainings.

REGISTER EARLY AND SAVE

ACA is offering Advance Conference rates through February 15, 2018! So save by registering now! Visit: www.counseling.org/conference/atlanta-2018/rate-registration for more information.



For more information on past, present and future ACA conferences, visit: <u>www.counseling.org/conference</u>

ARCA MEMBER BENEFIT

"THE REHABILITATION COUNSELING BULLETIN"

As a member of ARCA, you receive free online access to Rehabilitation Counseling Bulletin (RCB) featuring articles important to rehab counseling practitioners in counseling, education, or research settings. Each issue includes original empirical research, theoretical essays, comprehensive literature reviews, intensive case studies, research critiques, and media reviews.

Go to the SAGE website society member subscriptions activation page (https:// online.sagepub.com/cgi/ activate/basic) and enter your ARCA Member Number in the appropriate field, select American Rehabilitation Counseling Association from the drop -down menu. and click Submit. Follow the instructions to complete your user set-up. Once complete, you can access RCB online at the RCB website (http:// rcb.sagepub.com/). Please note, your online access begins with your first print issue. New members should wait to receive their first print issue before

attempting to register for online access.