

## A Division of the American Counseling Association

**SPRING 2016** 



MESSAGE FROM THE ARCA PRESIDENT

QUITEYA WALKER, PH.D., CRC

Dear Friends and Colleagues,

As I walked down the main street of Magic Kingdom, amidst the hustle and bustle of families, I went into deep thought about what I would say in this newsletter. Do I provide a recap of what ARCA has accomplished this year or do I focus on the need to increase membership? At this point in the evolution of the rehabilitation counseling profession, neither of those is as important as the need to unify our profession. When I reflect on the past year, what resonates most strongly with me is the need for rehabilitation counseling professionals (practitioners, counselor educators, advocates, etc.) to communicate and collaborate so we can better meet the needs of the individuals we serve, our consumers. Whether we are students, clients. educators, or practitioners, our focus should be on how we can assist with meeting their ultimate goal.

As I looked onto the crowd of people, I watched children with disabilities enjoying the park. It was evident that access to park amenities and accommodations for all patrons were priorities for Disney's management team. This thought brought me to the question of "what is ARCA's priority?" During ARCA's Strategic Planning Meeting the Board talked a great deal about this topic and concluded that ARCA's priority is to better serve individuals with disabilities. Whether this is through advocacy, education, or delivery of service, the end result would be a better quality of life for individuals with disabilities.

As my presidential term comes to an end, I want to say it was an honor and privilege serving in this capacity. This was an eventful year and the Board accomplished a great deal which will be highlighted throughout this newsletter by the various Council Directors. I would like to leave our members with this thought: without you there is no ARCA. I encourage each member to become involved with ARCA; you can do this by serving on the Board, task force, committee or attending our annual conference, which takes place in conjunction with ACA. I encourage you to share your thoughts and suggestions with the Board members. This helps the Board to be accountable to you, our members.

Thank you for this opportunity; it was my pleasure to serve YOU!

Quiteya D. Walker, Ph.D., CRC ARCA 2015-2016 President quiteya.walker@asurams.edu

## INSIDE THIS ISSUE....

A Message from the ARCA President1
ARCA President's Updates2
Report from ARCA Secretary2
ARCA 2015-2016 Leadership3
Message from ARCA Past President4
ARCA's Mission4
Report from ARCA President-Elect on Montreal5
Report from ARCA Student Task Force Rep7
ACA Governing Council Representative Report8
Updates from Public Policy & Legislation Council9
ARCA Special and Student Awards Winners10
ARCA Research/Knowledge Awards Winners12
ARCA Leadership — Looking Ahead13
"Accessible Retirement" Book by ARCA Member13

Publication Date: June 8, 2016



#### ARCA PRESIDENT'S UPDATES

#### ARCA STRATEGIC PLANNING UNDERWAY!

The strategic planning is still underway. The Board will finalize the mission, vision, goals and activities, all of which will be shared with membership for comments and feedback before it is finalized.

# ARCA SIGNS LETTER OF SUPPORT TO VETO SENATE BILL 815

ARCA joined with several other divisions under ACA and signed a letter of support to veto Senate Bill 815; however, since then, the Bill has passed making Tennessee the latest state to sign into law discriminatory "religious freedom" legislation targeting the counseling profession and LGBTQ community, permitting counselors to deny services and refer clients based on the provider's "strongly held principles." ARCA will continue to advocate for the rights of all individuals regarding this matter.

# Join Us in 2017 as ARCA CELEBRATES ITS $60^{TH}$ Anniversary

ARCA is approaching its 60<sup>th</sup> anniversary in 2017 and in keeping with tradition, ARCA will host a conference in 2017 to celebrate this milestone. If you are interested in serving on the Conference Planning Committee, contact Quiteya Walker at <a href="mailto:quiteyawalker@gmail.com">quiteyawalker@gmail.com</a>.

#### EXPLORE....

# ARCA'S WEBSITE

http://www.arcaweb.org

Visit the website regularly for:

- Updates and News
- Calls
- Resources and Links
- Forms
- Conference Information
- Newsletter Archives
- and more!

# ARCA'S LISTSERV

arca@listserv.arcaweb.org

Join the ARCA Listserv by sending an email to the subscription address above, leave the subject line blank but enter the following in the message area of the email:

SUBSCRIBE ARCA.



ARCA SECRETARY REPORT MONICKE DAVIS, Ph.D., CRC

The ARCA Business Meeting was held on Friday, April 1, 2016 at the ACA Conference in Montreal, Canada. All Board Members provided an overview of their role, responsibilities, and tasks accomplished for the 2015-2016 year.

#### ARCA ACCOMPLISHMENTS (2015-2016):

- ✓ ARCA Bylaws Revisions Approved
- ✓ ARCA Membership Survey
- ✓ ARCA Strategic Planning Meeting Collaboration
- ✓ ARCA Awards
  - 2016 Special Awards and Student Awards
  - \* Rehabilitation Counselor of the Year Award
  - Vision Award
  - Master's Student of the Year Award
  - Doctoral Student of the Year Award
  - James F. Garrett Award
  - ❖ ARCA Research Award
- ✓ New ARCA Website
- New ARCA Student Chapter
- ✓ Social Media Accounts Setup for ARCA

To view a full report of the ARCA Business Meeting Minutes, please click on the link below:

http://www.arcaweb.org/meeting-minutes/#







TO THE....

# 2015-2016 ARCA LEADERSHIP

July 1, 2015 through June 30, 2016

#### **ARCA OFFICERS**

PRESIDENT Quiteya Walkerquiteya.walker@asurams.edu
PRESIDENT-ELECT Henry McCarthyhmccar@lsuhsc.edu
PAST PRESIDENT David Statendstaten@scsu.edu
TREASURER Ruth Mercado-Cruz rmercadocruz@gmail.com
SECRETARY Monicke Davisdmdavis@langston.edu
ACA GOVERNING COUNCIL REPRESENTATIVE Paige Dunlappndunlap@gmail.com

#### **ARCA EXECUTIVE MEMBERS**

DEVELOPMENT AND COLLABORATION CHAIR Carrie Wilde
Organization Administration and Management Chair Valerie Russellverussel@fiu.edu
Public Policy and Legislation Noel Ysasinoel.ysasi@uky.edu [New Email]
PUBLIC RELATIONS AND AWARENESS CHAIR Jamie Kulzerj.kulzer@pitt.edu
RESEARCH AND KNOWLEDGE CHAIR Mary Hubermary.huber@wright.edu
ARCA STUDENT TASK FORCE REPRESENTATIVE Taryn Richardson taryn-richardson@uiowa.edu
ARCA REPRESENTATIVE TO CORE COMMISSION ON STANDARDS & ACCREDITATION Glacia Ethridge
REHABILITATION COUNSELING BULLETIN (RCB) EDITOR Douglas Strohmerdstrohmr@memphis.edu
RCB CONTACT AND CRCC CONTACT HOURS FOR JOURNAL ARTICLES Douglas Strohmerdstrohmr@memphis.edu
ARCA Newsletter Editor

Vickie Leeming ...... <u>arcanewsletter@bex.net</u>

(419) 841-8889 (Office EST)





A MESSAGE FROM

# DAVID STATEN ARCA PAST PRESIDENT

I would like to thank the ARCA membership for electing me to serve as the President (2014-2015) of this exemplary organization. It has been a challenging, yet rewarding experience. Over the past three years, ARCA has worked extremely hard to move the profession forward. To that end, we have not always agreed on every issue, but every Board member has worked tirelessly on behalf of the rehabilitation counseling profession.

Nevertheless, our profession is still facing several challenges. Professional fragmentation continues to be one of our biggest hurdles. The rehabilitation counseling profession has entirely too many professional organizations. I personally would like to thank CORE for moving forward with merger with CACREP. I believe that decision really helped to settle one of the profession's long-standing debates relative to whether rehabilitation counseling is a specialization within the counseling profession or whether it is a separate profession. In my opinion, the merger supports the notion that rehabilitation counseling is a specialty within the counseling profession. Conversely, I believe the merger is consistent with the philosophy that ARCA has embraced dating back to 1958.

ARCA's alignment as a Division of the American Counseling Association supports the notion that rehabilitation counseling is indeed a specialty within the counseling profession. The question is where do we go from here? I still believe that the unification of the profession is a logical starting point. As I exit from the ARCA Board, I strongly encourage the ARCA leadership, as well as the leadership from other organizations, to coalesce around one organization. Given ARCA's standing with ACA, I believe that ARCA would be the most congruent fit with the current direction of the profession. I believe this is something that we should do sooner rather later.

Even though my tenure on the ARCA Board is coming to an end, I am excited about the profession and our prospects moving forward. The ARCA Board has one of its most diverse compositions in the history of the organization. I am extremely proud of the job that Dr. Quiteya Walker has done as the President. Under her leadership, the Board has made tremendous strides in terms of positively impacting the profession of

rehabilitation counseling. I am also thrilled to watch Dr. Henry McCarthy prepare for his term as President, followed by Michelle Bradham–Cousar. They will be supported by an extremely talented and energetic group of scholars who are all committed to moving the profession forward. Thus, the quality of the ARCA Board makes it easier for me to transition to the other side of service. Thank you again for allowing me to serve the distinguished membership of this great organization. David out!

David Staten, Ph.D., LPC, NCC, CRC, BCC, BCDC

dstaten@scsu.edu

#### ARCA'S MISSION

The American Rehabilitation Counseling Association (ARCA) is an organization of rehabilitation counseling practitioners, educators, and students who are concerned with continually improving the profession of rehabilitation counseling in its service to persons with disabilities. In pursuit of this mission, ARCA:

- Provides leadership in advancing the profession and science of rehabilitation counseling.
- Promotes standards that represent the highest quality of professional rehabilitation counseling practice in a rapidly changing environment.
- Provides research findings with direct application to the current and future practice of rehabilitation counseling.
- Fosters dialogues and coordinates activities among rehabilitation counselors, educators, administrators, and other rehabilitation professionals within and among various specialty areas.
- Engages in active collaborations and partnerships with other national professional organizations and with consumer groups.

ARCA supports eliminating environmental and attitudinal barriers so that more opportunities in education, employment, and leisure are available to people with disabilities. ARCA's activities are designed to: increase public awareness of the profession of rehabilitation counseling; engage the association's members in outreach and education; promote leadership skills through participation in ARCA's organizational activities; and to advocate for appropriate licensure requirements. ARCA's goals are addressed through public education, collaboration, and legislative activities.





REPORT FROM PRESIDENT-ELECT
HENRY McCARTHY

I think it's important to report on our annual conference, from a variety of viewpoints. No report that I could write about it could ever do justice to all the ambient energy and personal excitement that imbued my experience there. So with the hope that it will make it more engaging, I'll borrow a reliably appealing format from one of my favorite funny people, David Letterman. However, I'll switch up my *Top 10 List* by doing it in chronological order, to save ARCA the cost of paying the steep royalty fees on his trademarked countdown version! So, here goes.

## TOP 10 BENEFITS OF GOING TO THE 2016 ACA/ARCA CONFERENCE IN MONTREAL

#### **#1 ~ NETWORKING OPPORTUNITIES**

When I boarded my connecting flight to Montreal, I was greeted by Quiteya's big smile, who was already on board with her family. Seated next to me for the flight was an enthusiastic Master's student from the substance abuse counseling program at the University of North Carolina at Charlotte, who asked if I were en route to ACA. Angie and I had an enjoyable

conversation during which encouraged her research programs rehabilitation counseling (RC) when she informed me she was exploring doctoral program options as her next step. She has contacted me since my return for further consultation on the search she has started into Ph.D. programs in RC. That truly random encounter was just the start of my networking. Throughout the conference, I had lots of good conversations with other new acquaintances, long-time colleagues and former students, as well as vendors at the exhibit area.



#### #2 ~ OUR FACE-TO-FACE BOARD MEETING

Having monthly Board meetings via conference calls is a financial and logistical necessity, but not my preferred way of communicating and collaborating. So I really appreciate the opportunity, once a year, to do our work as we meet and see each other in person.

# #3 ~ ARCA'S DAY-LONG REFLECTIVE AND CONSTRUCTIVE STRATEGIC PLANNING WORKSHOP

We were most fortunate to have as our facilitator my New Orleans friend and colleague (at Xavier University) and the 2013-2014 ACA President, **Dr. Cirecie A. West-Olatunji**. She stimulated and guided us through several activities designed to clarify or sharpen our understanding of what ARCA has been, is, and can become through our vision, mission, goals, objectives, strategies, outreach activities, and evaluation plans.

#### #4 ~ RCB EDITORIAL BOARD MEETING

One of the themes that emerged in our strategic planning discussions is the very well-respected reputation of our peer-reviewed journal, *Rehabilitation Counseling Bulletin*. At the Journal's annual meeting, we discussed ways of increasing the Journal's visibility and stakeholders' awareness of ARCA as its founder and financial supporter. We extend our deep gratitude to *RCB* Editor, Dr. Doug Strohmer at the University of Memphis, and all the other professional volunteers who serve on the Editorial Board and do the disciplined, rigorous work of peer reviewing, editing, and producing this quality publication.

#### #5 ~ ARCA'S AWARDS RECEPTION

ARCA is unstinting in providing awards to individuals who show achievement across a wide variety of levels and arenas, including awards for a distinguished career, outstanding research, practitioner and student awards. For the second year, the Vision Award was given to the

student author of the best essay on rehabilitation as a counseling specialty. The stipend for this award is funded through royalties for their textbook on the foundations of rehabilitation counseling graciously donated Dr. Dennis Maki and Dr. Vilia Tarvydas. It was my pleasure to present a plaque to Dr. Quiteya Walker for her years of dedicated service to the ARCA Board, from Student Task Force Representative to Secretary to our current President. The evening of fine refreshments and enjoyable socialization went by all too fast.



#### #6 ~ ATTENDING INTERESTING CEU-APPROVED EDUCATIONAL SESSIONS

The sessions I attended were uniformly well-prepared and well-presented. The variety came in the topics and techniques that were the subjects of the sessions I selected: a Canadian indigenous sharing circle, addictions, LGBT issues, meditative practices of Falun Gong, mindfulness, reality therapy, and relapse prevention.

# #7 ~ ARCA STUDENT PRESENTATIONS ON UNDERSTANDING REHABILITATION COUNSELING

The most lively session I attended was this one dedicated to ARCA's student members. Again this year, we sponsored the Understanding Rehabilitation Counseling campaign which invites all RC students enrolled in university programs to design and implement a public education and professional advocacy project. Two groups are awarded a grant to subsidize their attendance at the conference. This year, the featured projects were by Gretchen M. Carrasquillo-Ramos, Isairy Rodríguez-Román, and Víctor R. Fuentes-López (University of Puerto Rico, Río Piedras); and Sara Mendez and Camille Wood (University of South Carolina School of Medicine). The four young women who presented were dynamic and dedicated. Their colorful PowerPoint presentations and personal styles reinforced the informative and enthusiastic messages about our profession and its benefits that they communicated to the audiences they targeted in their respective See Taryn Richardson's column in this issue for more communities. information.

# #8 ~ Doing One of the 32 Concurrent Platform Sessions at 7:30 a.m. on Sunday Morning

Yes, 32 concurrent sessions at 7:30 a.m. on Sunday. That, obviously, is the bad news. The good news is that all the people who are awake and there at



time are that very interested in what you're presenting. It was not the first time the ACA machine gave me this prime-time slot; but this was the first time I presented at ACA with a current student. Megan Long, (pictured here on the left) who will graduate this semester from our Master's program, did a fantastic job in explaining her research on our topic of "Sensitivity to Intersectional Identities of Disability, Gender, and LGBT Status."

# #9 ~ HAVING OUR NATIONAL CONFERENCE IN A WONDERFUL INTERNATIONAL CITY

When I finally took a break from the business and hyper-stimulation of the conference, I spent two days enjoying Montreal on my own steam. Mostly, I walked around downtown and the old quarter, every so often going into one of the many churches there. Each one was an architectural gem with its own character; the churches also served as a warm and meditative respite from the chilly weather and street activity outside. Another exciting activity for me was taking the Metro in Montreal. I am a public-transportation enthusiast; especially when visiting a city, I enjoy the opportunities it offers for people watching and relaxing rather than having to navigate hectic traffic. In addition, I stayed in a beautiful B&B outside the downtown area, which

afforded me the advantages of getting to know the charming neighborhood on my walks to the Metro.

# #10 ~ BEING WELCOMED BY RESIDENTS OF THE HOST CITY

Comedians often spoof Canadians for being overly nice or apologetic (i.e., "bland and boring"). Well, I greatly appreciate patience, politeness and civility, especially when I'm doing non-routine tasks in a new environment, trying to find where I want to go and to figure everything else out. keeping with their pleasantness generosity of spirit. Montrealers offered me another accommodation: being tolerant of me as I resurrected my rusty French conversation skills. After six years of hard work in school taking French as my foreignlanguage elective, I refuse to let atrophy those albeit mediocre mental muscles, simply because I live in a mono-lingual Therefore, I seize any opportunity to practice my French with fluent speakers when that opportunity arises. Usually, the other person reverts the conversation to English, because theirs is clearly superior to my French. But, the Quebec people have had their own hard national and political struggles retaining their mother tongue. So, they welcome its expression, however halting that expression may be. Merci beaucoup, Montreal!!

Be well,

Henry McCarthy, Ph.D., CRC, LPC hmccar@lsuhsc.edu

(504) 556-7545

Louisiana State University Health Sciences Center, New Orleans, LA







# REPORT FROM ARCA STUDENT TASK FORCE REPRESENTATIVE TARYN RICHARDSON, CRC

First, I would like to state that this has been an awesome year serving as your Student Task Force Representative. This year I have been working on the annual *Understanding Rehabilitation Counseling* (URC) program, increasing student involvement, and establishing an online presence for ARCA via social media.

Second, the significance of professional advocacy cannot and should not be overlooked. To this end, ARCA has a sponsored program that encourages students to increase awareness of Rehabilitation Counseling. Understand Rehabilitation Counseling (URC) is an annual program that allows students to advocate for the profession and present on their efforts during ARCA sponsored student events at the American Counseling Association (ACA) conference. This year's winners were students from The University of Puerto Rico, Río Piedras (Gretchen M. Carrasquillo-Ramos, Isairy Rodríguez-Román, and Víctor R. Fuentes-López) and The University of South Carolina School of Medicine (Sara Mendez and Camille Wood). We would like to congratulate these students for their work, dedication, and service to the field! We cannot thank you enough for advocating for the field of Rehabilitation Counseling. Check out this informative website. www.educatecore.com, created by students from The University of Puerto Also, visit <a href="https://www.youtube.com/watch?v=IS-">https://www.youtube.com/watch?v=IS-</a> Rico, Rio Piedras. pP5Weu2g to view their video, which highlights the significance of Rehabilitation Counseling in Spanish. Be sure to share the link to the website and video!



Right to left: Gretchen M. Carrasquillo-Ramos and Isairy Rodríguez-Román, The University of Puerto Rico, Río Piedras; Dr. Quiteya Walker, ARCA President; Sara Mendez and Camille Wood, The University of South Carolina School of Medicine; and Taryn Richardson, ARCA Student Task Force Representative

Regarding increasing student involvement, I would like to acknowledge that we have a new student chapter at Virginia Commonwealth University. Please contact me if you are interested in starting a student chapter at your university.

Furthermore, ARCA would like to know how to better serve you throughout your training. With that said, I need you to join the Student Task Force! We are in need of student representatives and task force members to provide any recommendations about how to improve ARCA, how to maximize its benefits to students as well as their professional development, and share ideas about how to raise funds for our student fund, Charlene M. Kampfe Student Fund. Share your vision, share your voice! Interested? Contact me to learn how to join the Student Task Force.

Finally, additional social media accounts have been created to enhance our online presence. Follow us on Twitter, Instagram, and Pinterest @joinARCA!

In closing, congratulations to our spring graduates! As you continue to grow professionally, be sure to maintain your membership with ARCA. We would like to be a continued resource!

Best,

Taryn Richardson M.A., CRC ARCA Student Task Force Representative taryn-richardson@uiowa.edu





#### ACA GOVERNING COUNCIL REPRESENTATIVE REPORT

# PAIGE N. DUNLAP, PH.D., LPC, CRC, NCC, ACS

#### Hi Everyone!

It has been a truly exciting year as ARCA's Governing Council Representative. Since the last newsletter, the Governing Council convened in Montreal, Canada, during the annual ACA Conference and has had several conference calls following. While many topics were discussed, there were a few that I want to be sure to update you on:

- Licensure Portability The Governing Council discussed the two existing proposals for licensure portability from the various groups backing them. It was decided that ACA should develop its own portability plan possibly using some of the components of the other plans:
  - Consider the consequences of any action on individuals who are already licensed and have been practicing for years.
  - Consider the consequences of any action on rehab counselors and other counselors trained in specialty programs.
  - Take the time to discuss and logically think about what the best plan would be for portability, instead of rushing to come up with a specific plan.

#### This motion passed.

- Tennessee's Governor Bill Haslam signed S. 1556 / HB1840. This Bill permits counselors to deny service based on their own strongly held religious beliefs. This Bill is in direct violation of the ACA Code of Ethics. Before this was passed and continuing on, ACA worked diligently with volunteer leaders, staff, coalition partners, and consultants to demonstrate commitment and courage in an attempt to defeat the legislation. Now that the legislation has been passed, ACA continues its efforts to make a change and has hired a crisis manager.
  - After seeking input from the membership, the ACA Governing Council voted to move the annual conference out of the State of

Tennessee for 2017. There are several states that have also backed us and refused to pay for travel to Tennessee because of the legislation. Now the question remains as to where the conference will be held. The ACA staff has been working diligently to vet proposals that have been submitted by various cities that are willing to host us. It is likely an announcement will be made in the coming weeks to let us know where the 2017 conference will be held. I know many of you have thoughts you would like to share and I encourage all of you to make your voice heard to ACA administrative staff and Governing Council by emailing MyVoice@counseling.org. Specific staff have been designated to monitor the emails and respond to them.

As always, if you have personally reached out to me regarding your agreement or disagreement with the decisions made by the Governing Council, please know that I thank you for taking the time to share your concerns with me. Your opinion as an ACA member is important to me as a representative on the ACA Governing Council. As we navigate through these issues, I will make sure to keep your thoughts in mind. You are a valued member of ARCA and your opinion matters!

Paige Dunlap, Ph.D., LPC, CRC, NCC, ACS pndunlap@gmail.com



For more information on past, present and future ACA conferences, visit: www.counseling.org/conference





# LEGISLATION UPDATES FROM THE CHAIR OF THE COUNCIL ON PUBLIC POLICY AND LEGISLATION NOEL A. YSASI, PH.D., CRC UNIVERSITY OF KENTUCKY

The purpose of the Committee on Public Policy, Legislation, and Human Rights, is to plan, direct, coordinate, and facilitate the mechanisms through which the member association develops and promotes the profession of rehabilitation counseling, and acts as an advocate for equal access and quality services for individuals with disabilities by focusing on public policy, legislation, and human rights. Since our Fall 2015 newsletter, I have participated in several discussions concerning CACREP, WIOA, Special Education, Human Rights, and other legislation updates. I have had the privilege of representing ARCA's mission of advocating for people with disabilities through the dissemination of updates on the aforementioned topics.

Presently, we are all aware of the upcoming changes that will impact the field of rehabilitation counseling. Specifically, the merger of CACREP and CORE, and the impact of the Workforce Innovation and Opportunity Act (WIOA) regulations. The CACREP and CORE merger is scheduled to take place July 1, 2017. At this time, CORE accredited programs that are not dually accredited should self-identify to CORE their intent by June 30, 2016. Moreover, questions continue to arise as to whether programs should continue with a traditional VR program or add the clinical mental health component. At this time however, entry-level specialty areas identified through CACREP do not include vocational rehabilitation counseling, but this is expected to be imbedded in the CACREP standards in the near Furthermore, a requirement for doctoral programs seeking CACREP accreditation includes an admission process whereby a students' previous curricular experience is to be in line with CACREP standards and by July 1, 2020, all entry-level specialty areas (i.e., addiction counseling, clinical rehabilitation counseling, etc.) will be required to meet the 60 semester credit hours or 90 quarter credit hours. Therefore, institutions that offer a master's and doctorate degree in rehabilitation counseling should consider these and other prerequisites in their decision making process.

Through the implementation of WIOA, which allows States to hire counselors for their reconfigured vocational services programs without the educational requirement of a master's degree or training in rehabilitation counseling, our profession and PWDs will

be impacted. Many people are predicting the job market for rehabilitation counselors may be significantly affected as several states are facing budget cuts and may opt out of hiring persons with a master's degree. Therefore, some suggest initiating undergraduate programs in rehabilitation counseling may prove useful in ensuring the continuity of our profession. At this time, all States are required to submit either a Unified State Plan or a Combined State Plan to the Secretary of Labor in an effort to communicate the vision for the State workforce system.

Additional updates on WIOA, Social Security, No Child Left Behind Act, and human rights are provided through the ARCA website under Public Policy, Legislation and Current Trends. Any recommendations for future updates or any comments is greatly encouraged.

Noel Usasi, Ph.D., CRC

noel.ysasi@uky.edu

## HOW TO RECEIVE ONLINE "THE REHABILITATION COUNSELING BULLETIN"

As a member of ARCA, you receive free online access to *Rehabilitation Counseling Bulletin (RCB)* featuring articles important to rehab counseling practitioners in counseling, education, or research settings.

Go to the SAGE website society member subscriptions activation page (https:// online.sagepub.com/cgi/activate/basic) and enter your ARCA Member Number in the appropriate field, select American Rehabilitation Counseling Association from the drop-down menu, and click Submit. Follow the instructions to complete your user set-up. Once complete, you can access RCB online at the RCB website (http:// rcb.sagepub.com/). Please note, your online access begins with your first print issue. members should wait to receive their first print issue before attempting to register for online access.





# ANNOUNCING THE 2016 ARCA SPECIAL AWARDS AND STUDENT AWARD WINNERS

## DR. JAMIE KULZER, CHAIR, COUNCIL ON PUBLIC RELATIONS AND AWARENESS

#### SPECIAL AWARDS

# REHABILITATION COUNSELOR OF THE YEAR AWARD

The ARCA Rehabilitation Counselor of the Year Award recognizes an outstanding individual who has contributed to improving the lives of persons with disabilities, and in doing so, has made a substantial contribution to the practice of rehabilitation counseling.



The 2016 ARCA Rehabilitation Counselor of the Year Award goes to **Beth Dauber**.

Ms. Dauber is a Counselor at the Missouri Division of Vocational Rehabilitation, in St. Louis, Missouri. She was nominated by Karen Klenke, a Direct Supervisor. Ms. Dauber earned her Master's in Rehabilitation Counseling from Maryville University in St. Louis,

Missouri. As a Counselor, she collaborates with clients and members of their support systems to provide a holistic approach to services that maximizes available resources. Until recently she was also employed as an Adjunct Faculty Member in the Rehabilitation Counseling Graduate Program at Maryville where she created unique curriculum for internship and practicum seminar classes in accordance with CORE accreditation requirements. Ms. Dauber is also President of the Missouri Rehabilitation Association Eastern Chapter.

Of Ms. Dauber, Ms. Klenke wrote, "Beth demonstrates the ability, passion and enthusiasm that helps her to make a difference in the lives of the individuals she works with. Her expertise in the area of brain injury along with her innovative ideas in helping them return to work has been shown to be extremely successful. Beth embodies all the qualities needed to provide a quality and successful experience to individuals with a disability. Her work truly exemplifies what a great Vocational Counselor should be."

#### **VISION AWARD**

The Vision Award is offered to the student who offers the strongest response to the prompt: What unique contribution or innovation does the interaction or synergy between the specialty of rehabilitation counseling and the profession of counseling provide?

The author of the winning essay is **Cameron LeViere**, a Master's student at the University of Pittsburgh in the Clinical Rehabilitation and Mental Health Counseling program. Mr. LeViere will receive a generous \$1,000 award from Vilia Tarvydas and Dennis Maki for his winning essay. In addition, his essay will be published in the *Rehabilitation Counseling Bulletin*.



A brief excerpt from his essay:

"...This essay examines the ongoing history of the professionalization of counseling in order to demonstrate how this process has bolstered and will continue to bolster rehabilitation counseling. It then contends that, given the universality of disability, rehabilitation counseling's distinctive emphasis on client functioning in context is a broadly applicable and clinically useful contribution to counseling as a whole."

ARCA is proud to present the 2016 Special and Student Awards to these deserving individuals!



#### STUDENT AWARDS

The 2016 ARCA Student of the Year Awards recognize students for their outstanding contributions, academic achievements, and commitment to the rehabilitation counseling profession.

#### MASTER'S STUDENT OF THE YEAR



The 2016 ARCA Master's Student of the Year Award goes to **Tiffany Anthony.** 

Ms. Anthony is from Southern University and A&M College in Baton Rouge, Louisiana. She was nominated by her professor and academic advisor, Dr. Madan Kundu.

Ms. Anthony is a second year full-time graduate student. While maintaining a 3.9 GPA, she works full-time, and is involved in community activities. Tiffany works for Louisiana Industries for the Disabled, Inc. as

an Executive Assistant, where she does job placement and development, strategic planning, and job coaching. She also serves as the President of Louisiana Rehabilitation Association, where she is responsible for organizing the annual conference.

Of Ms. Anthony, Dr. Kundu wrote: "Her heart is into empowering and serving people with disabilities, especially from traditionally underrepresented backgrounds. She does it well and with passion. She is respected and admired by her peers, professors, and rehabilitation community."

#### DOCTORAL STUDENT OF THE YEAR

The 2016 ARCA Doctoral Student of the Year Award goes to Kelly Beck.

Ms. Beck is from the University of Pittsburgh, Pittsburgh, Pennsylvania. She was nominated by her professor and advisor, Dr. Michael McCue.

Ms. Beck has excelled in teaching, clinical work, and research. Ms. Beck has served as a teaching assistant in two master's level courses, which led to her being assigned to teach a new course in Human Development Across Culture and the Lifespan.



Clinically, Ms. Beck has demonstrated excellence in professional and ethical behavior through her individual and group work with individuals with cognitive disabilities. She also supervises master's students in their clinical work. Ms. Beck has secured multiple sources of funding for various research projects related to her areas of interest, including pain and mindfulness.

Of Ms. Beck, Dr. McCue wrote: "I know Kelly to be an extremely bright and capable doctoral student who excels in academic skills and shows keen promise for a very bright future in rehabilitation and disability.... Ms. Beck is committed to promotion of health and wellness in people with disabilities and she has excellent potential to contribute greatly to increased participation and quality of life."

## BENEFITS OF ARCA MEMBERSHIP

- Rehabilitation Counseling Bulletin (RCB), a quarterly peer-reviewed scholarly publication.
- Online quarterly newsletter highlighting legislative and professional activities that affect rehabilitation counselors and the profession (www.arcaweb.org).
- Opportunities for professional growth and leadership through participation in ARCA sponsored activities and workshops.
- Website reports on issues and trends affecting rehabilitation counselors (www.arcaweb.org).
- CEUs for peer reviewing submissions to RCB or reading articles in RCB.
- Building relationships with ARCA colleagues and expanding opportunities for employment and continued professional growth.
- ARCA's Listserv alerting rehabilitation counselors to legislative actions and ARCA activities.
- Professional recognition through Association Awards.
- Opportunities to network on an annual basis at conferences and annual membership meetings.





## MARY HUBER, PH.D., CRC, CHAIR

## COUNCIL ON RESEARCH AND KNOWLEDGE

I started serving as your Chair on the Council on Research and Knowledge this past fall and I am very excited about this position and about ARCA's future. This past 2016 ACA/ARCA Conference in Montreal was moving for me because I had the opportunity for the first time to award the 2016 *James F. Garrett Award* which honors a Distinguished Career in Rehabilitation Research, and the *Research Awards* which recognize and honor high quality, empirical research in the field of rehabilitation counseling. A committee of volunteers evaluated the submissions and the winners were awarded at the Conference in Montreal and listed below.

Thanks to all the volunteers who helped evaluate and make these awards possible.

Mary Huber, Ph.D., CRC mary huber@wright.edu

## 2016 ARCA JAMES F. GARRETT AWARD WINNER



We are pleased to announce this year's award winner is **Phillip Rumrill**, **Ph.D.**, **CRC**, a Professor and Coordinator of the Rehabilitation Counseling Program and Director of the Center for Disability Studies at Kent State University in Kent, Ohio.

Dr. Rumrill joins a long list of other worthy award winners.

Congratulations to Dr. Rumrill!

## JAMES F. GARRETT AWARD WINNERS 1989 TO PRESENT

If you would like to see a complete list of ARCA's

James F. Garrett Award Winners, from 1989 to the present,
please email your request to <a href="mailto:arcanewsletter@bex.net">arcanewsletter@bex.net</a>

## 2016 ARCA RESEARCH AWARD WINNERS

#### FIRST PLACE

Chen, J. L., Sung, C., and Pi, S. (2015)

Vocational rehabilitation service patterns and outcomes for individuals with autism of different ages.

Journal of Autism and Developmental Disorders, 45(9), 3015-29.

#### SECOND PLACE

Li, J., Wilson, H., Fitzgerald, S. M., Bishop, M., and Rumrill, P. D. (2015)

Determinants of independent living optimism among adults with multiple sclerosis.

Australian Journal of Rehabilitation Counseling, 21(1), 1-17.

#### THIRD PLACE

Huang, I., Chen, R. K. (2015)

Employing people with disabilities in the Taiwanese workplace: employers' perceptions and considerations.

Rehabilitation Counseling Bulletin, 59(1), 43-54.



## ARCA LEADERSHIP LOOKING AHEAD

ARCA wants to let our members know about the transition of its leadership which will occur on July 1, 2016. Presently some positions are still being filled but we will post our 2016-2017 ARCA Board on our website later this summer. In striving to look ahead, we also noted we will have certain positions which need to be filled for our 2017-2018 Board. Please review the following.

# ARCA 2017-2018 BOARD POSITION VACANCIES

#### **TREASURER**

The Treasurer shall be responsible for developing policies and procedures for maintaining funds and securities of ARCA, and ensure the audit report and approved budget of ARCA are presented at its annual meeting.

# PUBLIC POLICY, PROFESSIONAL PREPARATION, AND STANDARDS CHAIR

To plan, direct, organize, coordinate, and facilitate the mechanisms through which the member association develops and promotes the profession of rehabilitation counseling and acts as an advocate for higher standards in practice, education, and advocacy.

# PUBLIC RELATIONS AND AWARENESS CHAIR

To plan, direct, organize, coordinate, and facilitate the membership and public relations mechanisms through which the association grows, develops its member services, and enhances the visibility of the association and the rehabilitation counseling profession.

If you would like more information about any of the positions identified above, be sure to review the ARCA Bylaws. If you would like to serve in any of the positions above, send a letter of interest which includes your email address, relationship to ARCA, and ACA membership number to:

Quiteya Walker at quiteyawalker@gmail.com

The deadline for all submissions is July 22, 2016.



JUST PUBLISHED BY AN ARCA MEMBER!

# ACCESSIBLE RETIREMENT: A GUIDE FOR PERSONS WITH DISABILITIES

Ву

David B. Hershenson, Ph.D., CRC
Professor Emeritus,
University of Maryland, and
Senior Lecturer, Rehabilitation Counseling
Program, University of Massachusetts, Boston

With people living longer and spending more of their lifespan as retirees, it has become necessary to rethink how we view and deal with retirement. Retirement can no longer be seen as a footnote at the end of one's work life; rather, it must be recognized as a major phase of one's career, equal in importance to the two earlier phases: preparing for a career and the time spent pursuing one or more occupations. As in the two earlier phases, a person may enter this phase with a disability or may acquire one while in it. Each of the three phases can present particular challenges and opportunities for those with disabilities. . . . The program presented here aims to enable persons with disabilities to meet the challenges and to make the most of the opportunities of the third phase of their career, retirement.

ISBN 978-1-4951-9224-1 (\$18)

To purchase, go to:

Harvard Bookstore http://www.harvard.com/book/ accessible retirement

Amazon http://www.amazon.com/dp/1495192245